



LIGHTS UP: BOX OUT BULLYING

Welcome to the show!

We here at Box Out Bullying can't wait to put on an engaging and informative show for you!

To ensure that you and your students get the most out of our tried-and-true assembly program, we have put together this packet full of information, discussion questions, and activities to complement and enhance your Box Out Bullying experience.

Prior to the show, check in with your students about theater etiquette and behavior expectations. Students should be aware that this is a live performance and that they should not talk during the show. Talking about theatre etiquette will help the students appreciate their experience and enhance their enjoyment of the show, not to mention allow other audience members to have an equally pleasant experience. The questions on page one can help guide your pre-show discussion and inspire your students to thoughtfully engage with the performance itself and, of course, its important content.

One last thing before the lights go up on your Box Out Bullying experience, **we want to hear from you!** We hope the following activities get the students engaged in and responding to our show. After all, confronting bullying is a hands-on task. Your students write awesome letters to the actors? Send them to us! Your students draw an incredible picture of the show? Send them to us! Here's our email: info@boxoutbullying.com And call us old-fashioned, but we still love snail mail. Here's our address:

Box Out Bullying
P.O. Box 721239
Jackson Heights, NY 11372



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PLACES!

Places:

A theatre term, "places!" is called right before the show is about to begin. It lets the actors prepare physically and mentally for the start of the show.

Everything on this page is your "places!" Go over the plot summary and the discussion before the show to prepare the students for the upcoming experience.

“**Inside this box that just came in lies the answer that will solve the problem of bullying this very instant!**”

PLOT SUMMARY

Tom, an outgoing, creative student from a school just like yours, receives a mysterious box. He is curious and excited when he learns that the solution to the problem of bullying lies in that very box.

Tom's excitement quickly turns to panic when he discovers that the box is locked shut!

Luckily, Tom's very knowledgeable cousin Jerry shows up and discovers that the box will open when - and only when - the audience finds the power to "box out bullying."

On a roller coaster of a journey, filled with ups and downs, this comedic duo finds the key to ending bullying using audience participation, improvisational comedy, special effects, and a fun-filled game show.

DISCUSSION

What are the differences between live theater and a movie?

Discuss the one-time only nature of live performance. How is this different than movies or TV?

Discuss the elements that go into a live performance: props, set, costumes, stage direction.

Here are questions for students to consider while **in the performance space and watching the show:**

What do you see? Does the set look realistic or abstract? Try to imagine how the set will be used during the show.

Be aware of the props, sets, costumes, etc. How do special effects work? How do actors change costume so fast?





CURTAIN CALL!

Curtain Call:

A theatre term, "curtain call" is when the actors bow after the show is over. It gives the actors a chance to thank the audience and the audience a chance to appreciate the cast.

Everything on this page is your "curtain call" Go over the students' observations and comprehension of the show. Depending on your students learning styles, you can lead a discussion or use the worksheets provided - or both!. This is great opportunity to hit home the assembly's key points.

COMPREHENSION

Empathy

In the show, Tom learned that it's important that we try to show empathy.

What is empathy?

How did Tom show empathy in the assembly?

Can you recall a time when someone showed you empathy or when you showed empathy towards someone?

What are some ways we can show empathy at school? In the lunchroom? At recess? On the bus? And at home?

COMPREHENSION

Bullying vs. Conflicts

Tom and Jerry talked about the difference between bullying, conflicts (rough-and-tumble play), and being mean or hurtful.

What is bullying?

What are conflicts?

What are the differences between bullying, conflicts, and being mean or hurtful?

Why is it important to know the difference between bullying and conflict?

For more on the differences between bullying and conflict, head to page __. There you'll find an explanation on the subtle differences as well as activities students can do to reinforce their understanding!

“
The important thing is
to learn from our
mistakes. That way, we
won't keep making
them in the future.
”



4 RULES TO STOP BULLYING

During the assembly, tom and jerry talked about four rules to help stop bullying.

What were the four rules?

- 1.** We will not bully others.
- 2.** We will try to help students who are being bullied and show empathy.
- 3.** We will try to include students who are left out.
- 4.** If we know someone is being bullied we will tell an adult at school and at home.

Teachers, this page can be used as both your **answer key** and your **discussion guide!** Depending on how best your students learn, you can lead a discussion or have them work to answer these questions independently.

Why is it important to follow these rules?

- Rule #1:** We want school to be fun, joyful, and safe; we want to be kind to each other.
- Rule #2:** The golden rule; I'd want someone to help me out; it feels good to help others.
- Rule #3:** Everyone should have someone to play with; we want to feel like we belong; school is a family/community.
- Rule #4:** It's important to tell those who are in a position to help you out most.

What's the difference between being a friend and being friendly?

Being a friend means want to spend time and build a relationship with the person.
Being friendly means you are polite, easy to talk to, and approachable, but you don't necessarily like or want a relationship with the person.

Why is it important to tell adults at school AND at home?

So that the people you trust - those who can help most - are able to work together and handle the issue fully.

What is your favorite rule against bullying? Why?

Answers will vary. Respond with positive affirmations!

Which rule is going to be the easiest to follow? The hardest?

Answers will vary. Respond with positive affirmations!



4 RULES TO STOP BULLYING

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What were the four rules?

- 1.** _____
- 2.** _____
- 3.** _____
- 4.** _____

Why is it important to follow these rules?

- Rule #1:** _____
- Rule #2:** _____
- Rule #3:** _____
- Rule #4:** _____

What's the difference between being a friend and being friendly?

Why is it important to tell adults at school AND at home?

What is your favorite rule against bullying? Why?

Which rule is going to be the easiest to follow? The hardest?

BOX OUT BULLYING'S (BEGINNERS)

WORD SEARCH

B W T O M A N D J E R R Y S A O X F
S O L V E C O N F L I C T V H I B O
F O U R R U L E S Y K L U D U C L R
R K Y V A W E S O M E P R I Z E S G
G N O B U L L Y I N G C V M K C A I
Y N T E L L A N A D U L T V H R C V
S C H M A N D Y S C H M E E D E E E
B O X O U T B U L L Y I N G H A A N
H E L P S T U D E N T S C C G M J E
V M C S C G A M E S H O W K E P L S
A I H I N C L U D E O T H E R S Q S
I S H O W E M P A T H Y Q V Q H Z H

Find the following words in the puzzle:

Words are hidden



No Bullying
Include Others
Show Empathy
Solve Conflict
Four Rules

Help Students
Tell An Adult
Box Out Bullying
Tom and Jerry
Schmandy Schmeed

Gameshow
Awesome Prizes
Ice Cream
Forgiveness
Understanding

Telling Takes Courage
Contestant
Special Powers
Live Theatre
Resident Professional

BOX OUT BULLYING'S (ADVANCED)

WORD SEARCH

F O U R R U L E S L A V B F P X H X W Y X P
L T E L L A N A D U L T C O N T E S T A N T
A X V V D F O R G I V E N E S S H D H G T T
Z U N D E R S T A N D I N G R A F Z S P U B
A G A M E S H O W A F J Q E Z A N L S F E X
H T I E C R V G Q W W G H U V U V L R U Q M
E Q C N H E J T G A P T P C I B Q N E P S F
L D E K H P U J T E O Y G A H R O S X I I M
P C C I M A K Q E E S U S G S O X X K H P P
S S R G V Y Q I D O X W W D M X C W C A A J
T G E Y T G U U U A W E S O M E P R I Z E S
U N A I C P L T E S H O W E M P A T H Y R J
D D M W F C Y S C H M A N D Y S C H M E E D
E R E T N F L C N S P E C I A L P O W E R S
N T L I H S O L V E C O N F L I C T Y Y M U
T N B O X O U T B U L L Y I N G B P S G Y B
S C S L I V E T H E A T R E J X J C O R N R
U I P I Q W Y C Q A T O M A N D J E R R Y I

Find the following words in the puzzle:

Words are hidden



No Bullying
Include Others
Show Empathy
Solve Conflict
Four Rules

Help Students
Tell An Adult
Box Out Bullying
Tom and Jerry
Schmandy Schmeed

Gameshow
Awesome Prizes
Ice Cream
Forgiveness
Understanding

Telling Takes Courage
Contestant
Special Powers
Live Theatre
Resident Professional

TELL US HOW YOU LIKED THE SHOW!

School Name:

SEND US A NOTE!

Tell us your favorite part of the show and what you've learned! Have questions for the actors? Ask them here!



DRAW US A PICTURE!

Share your work on social media!

Tag us: @boxoutbullying #boxoutbullying

