

# INTERVENING IN A BULLYING SITUATION



# **Step One**

Stop the bullying situation.

Physically separate the students while verbally calling attention to the situation.



# **Step Four**

**Empower the bystanders.** Show appreciation to the students who supported the person being bullied and equip them with information about how to act in the future.



#### **Step Two**

Support the student who has been bullied. Help the person who is going through a traumatic experience in a way that allows them regain control of their emotions.



# **Step Five**

Impose immediate and logical consequences. Give the student who bullied a consequence right away. The consequence will depend on where the incident happens.



# **Step Three**

Address the student who bullied.

Use a verbal reprimand and specifically name the bullying behavior. No questions: let them know what you saw.



### **Step Six**

Follow up after the bullying situation. Take steps to ensure that the student being bullied will be protected and that students bullying will change their behavior.