

**BULLYING –
WHAT
PARENTS
CAN DO
IF...**

@BOXOUTBULLYING



Box Out Bullying Family Engagement Series

Presenters: Mr. Jeremy

**TWO
TRUTHS
AND A LIE**

I was on a TV Gameshow

I've scaled the entire
Grand Canyon

I was invited to The White House
for a Bullying Prevention summit

TWO TRUTHS

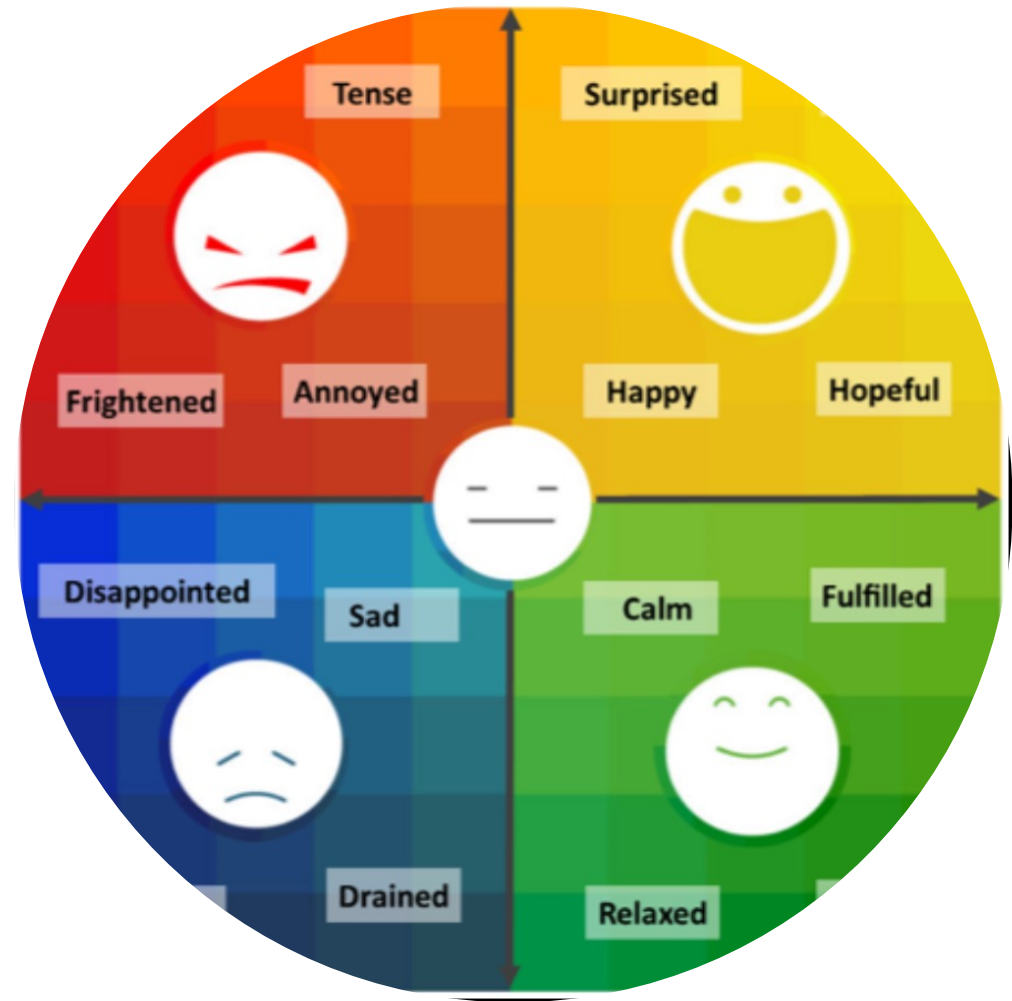
Cash Cab Episode 2 Season 13 "Man vs Cab" Featuring Jeremy Rubenstein

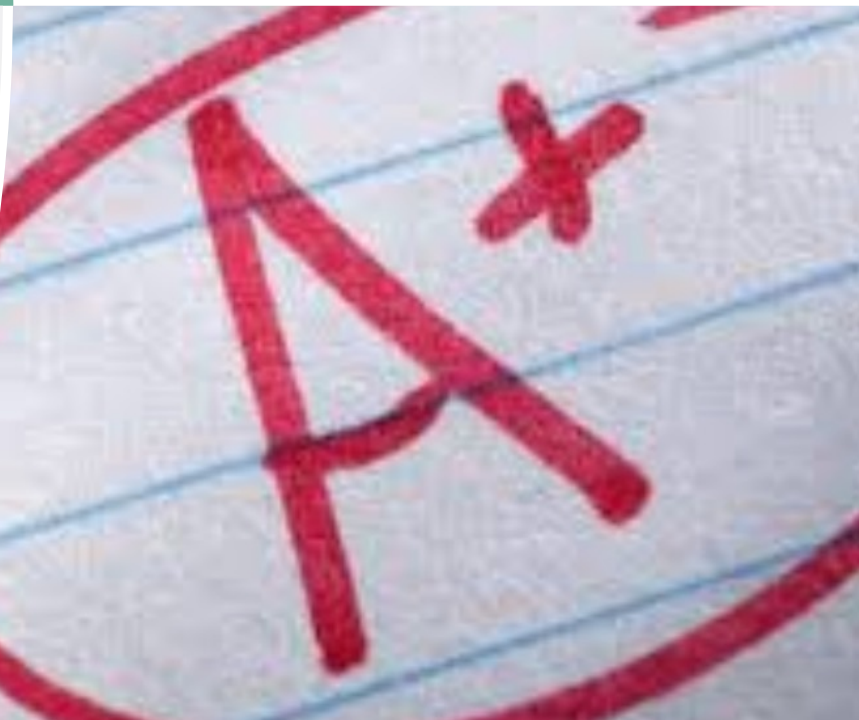
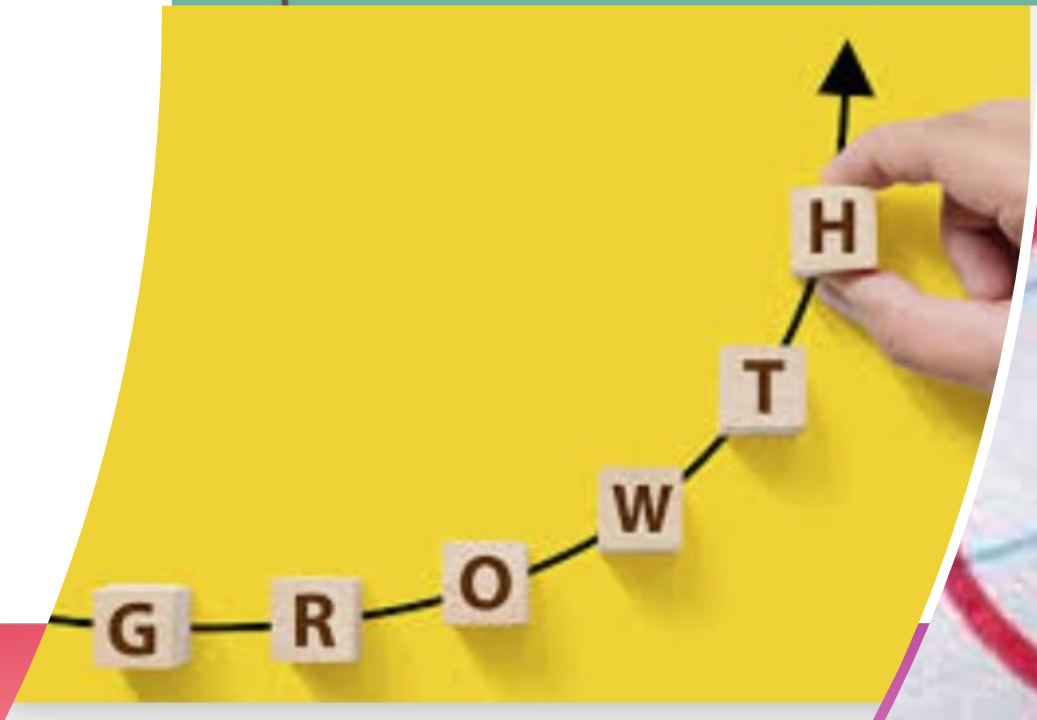


Turn On Builder [Edit]



HOW ARE YOU FEELING TODAY?





**HELPING
YOU AND
YOUR
CHILDREN
COPE WITH
STRESS**

Maintain a normal routine

Talk, listen, and encourage
expression

Reassure

Connect with others



WORKSHOP GOAL

Attendees will know best practices if their child witnesses bullying, is being bullied, or is bullying others.



WHAT IS BULLYING?



THE NATIONAL ACADEMY OF SCIENCES (NAS)

The National Academies of SCIENCES ENGINEERING MEDICINE

ABOUT ORDERING INFORMATION NEW RELEASES BROWSE BY DIVISION BROWSE BY TOPIC

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The book cover features a silhouette of a person walking through a brightly lit tunnel. On either side of the tunnel are various colorful icons representing science, technology, and policy, such as a microscope, a computer, a gear, and a document. The title 'PREVENTING BULLYING' is prominently displayed at the top in yellow and white.

PREVENTING BULLYING
Through Science, Policy, and Practice
The National Academies of SCIENCES ENGINEERING MEDICINE

Preventing Bullying Through Science, Policy, and Practice
(2016)
Consensus Study Report

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ACTIVITY - WHAT IS BULLYING?



A Poll; **True** or **False** question on the screen



Answer in seconds



Share Results



The findings from the NAS study will be given by presenter

**TRUE OR FALSE
THERE ARE LITTLE, IF ANY,
DIFFERENCES BETWEEN
HARASSMENT,
INTIMIDATION, AND
BULLYING**

FALSE

HARASSMENT IS DIFFERENT THAN BULLYING

Harassment can happen in a single instance

1

A grey downward-pointing arrow with the number 1 inside its top section, indicating a sequence step.

Harassment can happen by accident

2

A grey downward-pointing arrow with the number 2 inside its top section, indicating a sequence step.

Harassment is based on a protected categories

PROTECTED CATEGORIES

Color

Religion

Ancestry

National Origin

Sexual Orientation

Gender Identity

Mental, physical, or sensory disability

HOW INTIMIDATION AND SCHOOL BASED INTIMIDATION IS DIFFERENT THAN SCHOOL BASED BULLYING?



BULLYING



"Bullying is when a student hurts or frightens someone else on purpose, again and again, and that other student who is being bullied cannot easily defend themselves."



"Bullying is when someone does something mean to someone else many, many times."

**BULLYING
OCCURS
WHEN
ALL THREE
ELEMENTS
ARE
PRESENT**

Intentionality

Repetition

Unequal Power

BULLYING EXAMPLE



Bullying is when someone, hurts or frightens another person on purpose, again and again, and that person cannot easily defend themselves.

BEFORE WE LEVEL UP - POP QUIZ



We now have a working definition of bullying!

**WHAT CAN I
DO IF
MY CHILD
IS
BULLYING
OTHERS?**

Make it clear to your child that you take bullying seriously and that it is not okay

Build on your child's talents

Keep close track of their activities

Share your concerns with your child's teacher, counselor, and principal.



WHAT CAN I DO IF MY CHILD IS BULLYING OTHERS?



**WHAT CAN I
DO IF I
THINK
MY CHILD
IS BEING
BULLIED?**



WHAT TO DO IF MY CHILD WITNESSES BULLYING?





**CHILDREN MIMIC THOSE
THAT THEY LOVE**

@BOXOUTBULLYING

THANK YOU



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