

MY NAME

MY MOOD TODAY (CIRCLE)



SKIT
ACTIVITY
SHEET

STRATEGIZING AND ACTING

Planning Your Skit



Goal (what will the audience learn?):	
Who are the characters?	What is the situation or problem?
How is the problem resolved?	What role will each team member perform?

Presenting Your Skit

It's time to perform! Keep these tips in mind:

- Take deep breaths or use mindful breathing to calm yourself before presenting.
- Remember to speak loudly and clearly so your classmates can understand you.
- Support your group members while your team is presenting.
- Have fun!

Reflecting on Your Skit

What character showed empathy in your skit? How?

How did you feel when you were planning your skit with your group? Why?

How did you feel when you were performing with your group? Why?

How did you and your group members manage frustrating moments?