



November 9, 2016

Dear Fellow Educators,

My name is Laura Hodgson and I am the school counselor at Frontier Academy Elementary in Greeley, CO. I always look for innovative ways to promote anti-bullying initiatives. With over six years of experience working with our youth, I've realized fun, engaging, and energetic forms of presentations work best with students.

I have had the fortunate opportunity to work with Box Out Bullying last month. The following impressed me:

- They visited Frontier Academy Elementary for two presentations. We had separated kindergarten, 1<sup>st</sup> and 2<sup>nd</sup> grades into one session and 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grades into another session. Each session was very age appropriate and fit the maturity levels of the students.
- The live theater was very interactive and kept the students' attention very well. They had quality sound, professional actors, and interacted with the audience by having staff and students participate in the show.
- The messages they presented were clear and concise. They aligned well to our school's bully prevention program messages. The students left the show knowing what bullying was, different forms, the difference between tattling and telling, showing empathy, bystander empowerment, and how to get help and stop bullying.
- I highly recommend working with Box Out Bullying. They were very flexible with scheduling and really met the needs of the school and students.

As we continue to address bullying, the post-presentation lessons and memories from Box Out Bullying will be important stepping-stones for development and implementation. We recommend any school or community group to include Box Out Bullying as part of their anti-bullying program.

Sincerely,

Laura Hodgson  
School Counselor