



**Photocopy this page and cut it in half. Laminate these cards and carry one with you.**

## **HOW TO INTERVENE WHEN YOU SEE BULLYING**

When you see bullying happen:

- Step 1: Stop the bullying.
- Step 2: Support the student who has been bullied.
- Step 3: To the student(s) who bullied: Name the bullying behavior.
- Step 4: Empower the bystanders with appreciation if they were supportive to the student who was bullied or with information about how to act in the future.
- Step 5: Impose immediate and appropriate consequences for the student(s) who bullied.
- Step 6: Take steps to make sure the student who was bullied will be protected from future bullying.

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When you see bullying happen:

- Step 1: Stop the bullying.
- Step 2: Support the student who has been bullied.
- Step 3: To the student(s) who bullied: Name the bullying behavior and refer to the four anti-bullying rules.
- Step 4: Empower the bystanders with appreciation if they were supportive to the student who was bullied or with information about how to act in the future.
- Step 5: Impose immediate and appropriate consequences for the student(s) who bullied.
- Step 6: Take steps to make sure the student who was bullied will be protected from future bullying.

