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The following curriculum can be adapted for Kindergarten through 10<sup>th</sup> grade. This is a broad example; classes will vary depending on the size and age of the student body. We customize our residency to your school size, schedule, and target age group.

# Sample In-Classroom Residency

## BULLYING PREVENTION

### **Part 1: Group Dynamics** – Identifying Bullying Before It Starts, Roles Students Play When Bullying Occurs, Common Traits

We want to get to know your students, to identify the unique challenges that each group faces, and to get the students working positively together. We create structured activities that address each of these needs, and we facilitate student discussion about the exercises.

### **Part 2: Skills** – Building Empathy, Telling (Reporting) vs. Tattle-Telling (Snitching), Responding Successfully To Different Bullying Situations

The purpose of this class is to get each student excited about practicing, learning, and succeeding (a little bit at a time) at a specific tasks to help stop bullying. We want students to leave exclaiming, “I got it!” even over the simplest of achievements.

### **Part 3: Prevention** – Empowering Bystanders, Changing School Environment

Students need to understand that they have the power to make school free from bullying. We set up simple structures in which the students can create short narratives. Using creative writing skills and improvisational story-telling, students put themselves in the shoes of others while discovering how they are responsible for their actions, and the actions of the group.

### **Part 4: Intervention** – Communication, Sense Of Accomplishment

Everyone gets the chance to perform for their peers. Through a variety of role-playing and small performances, all students have a chance to be in the spotlight, to share something they’re proud of, and to be part of their schools bullying prevention efforts.

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