

# ★ EVALUATION of BOX OUT BULLYING ★

showing dramatic improvement in student knowledge, attitudes, and behaviors regarding bullying prevention!

BOX OUT BULLYING is a research-based program with proven results demonstrating outstanding improvements in students' knowledge, attitudes, and behaviors regarding bullying.

**Results Summary:** The "BOX OUT BULLYING" Program showed dramatic results improving the knowledge, attitudes, and behaviors of 3rd through 5th graders in New York State.

**Evaluation Method:** A longitudinal study of over two years of pre and post-test were administered to over 1200 elementary students across New York State prior to and following the BOX OUT BULLYING performance.

A simple random sample was generated from the surveys of students in third through sixth grade. School/Faculty response and Parent involvement were gathered from students in Nassau, Suffolk, and Cheektowaga Counties.

**Over 90% of Teachers and Principals** gave BOX OUT BULLYING, the highest rating of "E x c e l l e n t!"

A majority of students reported telling their parents about what they learned from BOX OUT BULLYING when they got home from school.

## IMPROVEMENTS IN BEHAVIOR

(Self-reported)

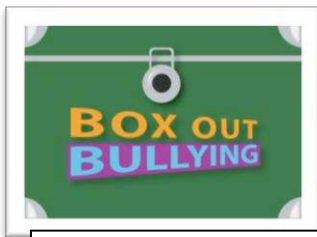
*One week after students participated in BOX OUT BULLYING:*

- ★ **24%** reported "...overall drop in bullying"
- ★ **25%** reported "...overall drop in direct bullying."
- ★ **20%** reported "...feeling more empowered to stop bullying"
- ★ **300%** drop in students who said they were bullying others.

## IMPROVEMENTS IN KNOWLEDGE

- ★ **60%** could identify empathy (Up from 18%)
- ★ **90%** of students correctly identified the difference between telling verses tattle-telling (Up from 21%)
- ★ **63%** understood the difference between bullying vs. rough-and-tumble-play (Up from 16%)





## ★ BOX OUT BULLYING FEEDBACK ★

“Your school district will not be disappointed with the performance of Box Out Bullying. In less than an hour, your students will fully understand the seriousness of bullying, its impact on others, and powerful ways to stop bullying.”

Jane Montague, Director Of Curriculum Development, Athens Area School District, PA

“EM-PA-THY, I learned about EM-PA-THY”

Alex Krisulas, age 7, PS 56, Staten Island, NY

“Funny and Awesome!”

Edina, 7<sup>th</sup> grade, PS 49, Queens, NY

“My middle school students loved, LOVED Box Out Bullying. They were engaged, I could see it, they enjoyed every second of it!”

Lisa Hackett, Middle School Principal, Harlem NY

“We are a k-6 building and today we had the best experience with Box Out Bullying. The program itself was interactive, it was information. I would highly recommend Box Out Bullying, especially nowadays when the first step for education is in our schools and this program really gets to the heart of the matter.”

Amy Pernick, Assistant Principal, Valley Stream, NY

“The program was fast paced, energetic and engaging. I would recommend the program to any school looking to generate enthusiasm ending bullying behaviors and promoting a positive and inclusive school culture.

Andrew Graybill, Principal, Taylor Elementary School, Columbia, PA

“You are coming back next year, right?”

Holly, 6<sup>th</sup> grade, Leighton Middle School, PA

