



★ EVALUATION of BOX OUT BULLYING ★

showing dramatic improvement in student knowledge, attitudes, and behaviors regarding bullying prevention!

BOX OUT BULLYING is an evidence-based program with proven results demonstrating outstanding improvements in students' knowledge, attitudes, and behaviors regarding bullying.

Results Summary: The "BOX OUT BULLYING" Program showed dramatic results improving the knowledge, attitudes, and behaviors of 4th through 6th graders in Pennsylvania and Virginia.

Evaluation Method: Pre and post-test evaluations were administered to over 3200 elementary and middle school students across Lancaster County, Pennsylvania, and Montgomery County, Virginia prior to and following the BOX OUT BULLYING performance.

A simple random sample was generated from the surveys of students in fourth through sixth grade. School/Faculty response and Parent involvement were gathered from students in Lancaster County.

Over 85% of Teachers and Principals gave BOX OUT BULLYING, the highest rating of "Excellent!"

A majority of students reported telling their parents about what they learned from BOX OUT BULLYING when they got home from school.

IMPROVEMENTS IN BEHAVIOR

(Self-reported)

One week after students participated in BOX OUT BULLYING:

- ★ **24%** reported "...overall drop in bullying"
- ★ **25%** reported "...overall drop in direct bullying."
- ★ **20%** reported "...feeling more empowered to stop bullying"
- ★ **300%** drop in students who said they were bullying others.

IMPROVEMENTS IN KNOWLEDGE

- ★ **60%** could identify empathy (Up from 18%)
- ★ **90%** of students correctly identified the difference between telling verses tattle-telling (Up from 21%)
- ★ **63%** understood the difference between bullying vs. rough-and-tumble-play (Up from 16%)





★ BOX OUT BULLYING FEEDBACK ★

“Your school district will not be disappointed with the performance of Box Out Bullying. In less than an hour, your students will fully understand the seriousness of bullying, its impact on others, and powerful ways to stop bullying.”

Jane Montague, Director Of Curriculum Development, Athens Area School District, PA

“It mirrored the Olweus Program nicely and was a great way for us to kick off our school wide anti-bullying efforts. Maybe it’s the coach in me, but my favorite part was Coach Jerry.”

John Mitchell, Dean of Students, Lafayette Elementary, Lancaster, PA

“EM-PA-THY, I learned about EM-PA-THY”

Alex Krisulas, age 7, PS 56, Staten Island, NY

“My favorite part of the show was everything”

Christina, Hope Academy Charter School, Asbury Park, NJ

“I’ve been teaching here for ten years and this is the first time my students couldn’t stop talking about an assembly. You guys are like rock-stars.”

Mrs. Middlekauff, 4th grade, Knapp Elementary, Lansdale, PA

“Rubenstein’s...performance kept the youngsters attention and kept them laughing with pratfalls one minute and thoughtful discussions the next.”

Review by Christopher Cornell, Reporter for the Valley Advantage, PA

“The program was fast paced, energetic and engaging. I would recommend the program to any school looking to generate enthusiasm ending bullying behaviors and promoting a positive and inclusive school culture.

Andrew Graybill, Principal, Taylor Elementary School, Columbia, PA

“You are coming back next year, right?”

Holly, 6th grade, Leighton Middle School, PA

